



ROAR!



SuperTruth

“God will help me stand up for what is right.”

SuperVerse

Memorize this together as a family this week!



Activity : Paper Cup Pyramids

Prepare

Gather 6 paper cups per child (Optional: for older children can do 10 cups and make the pyramid 4 levels)

Mark a starting line on the floor, 15 feet from the table.

Play

Place the cups for each child in a stack on the table. Have each child sit behind the line 15 feet from the table.

Say

Let's play a game about standing up! Stay seated until I say "Go", then jump up, run to the table, and place the six cups into a pyramid with three on the bottom, two on the next level, and one on top.

Then shout the SuperTruth, "God will help me stand up for what is right!". After you are finished, run back to the starting line. Remember, you must

shout: "God will help me stand up for what is right!" The first person to finish their pyramid and cross the line wins.



After playing the game, say: It's hard to make the cups stand up into a pyramid when you are in a hurry! It isn't always easy to stand up for what is right in life, either; especially if you are the only one! But God will always help us—we only need to ask Him! Let's all shout out our SuperTruth together: "God will help me stand up for what is right."

Discussion

1. What do you think the meaning of courage is? Does courage mean we're not afraid? (Joshua 1:7–9)
2. What are some of the things God tells us to do in this passage of the Bible?
3. What do you think is the main reason we don't have to be afraid?



Pray

Dear God, please give me courage to stand up for what I believe. I ask You to give me wisdom in every situation that I face each day. Amen.